



**BLACK HISTORY HOME SCHOOL  
SUPPLEMENT FOR CHILDREN OF AFRICAN  
DESCENT AND THEIR ADULT PARENTS,  
GUARDIANS, SEBAS AND JEGNAS.**

**PRESENTED BY:**  
*RAISING AWARENESS GROUP*  
**NORTHEAST CHAPTER**



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Please visit our website for more info and additional resources and information for the family.

[www.raisingawarenessgroup.com](http://www.raisingawarenessgroup.com)

Our Raising Awareness Group YouTube page:

<https://www.youtube.com/channel/UCXM5wpSQ5AAk9s7AjkHpN8A>

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# Introduction

We are a group of self-taught & traditionally educated individuals who have come together to share our collective knowledge for the sole purpose of giving our young children the opportunity that they will not experience in societies traditional public schools.

We are spread throughout the Delaware Valley areas of PA, Del, NJ and NY with some of us situated as far south as DC, MD, NC, Ga, Fla, OK and Tx.

We understand the importance of supplying those Parents, Guardians, Sebas and Jegnas with the resources needed to enrich their children's lives through the education of an African Centered curriculum. A rich heritage and culture that will empower today's youth the descendants of African origins, while providing a blue print into their future. As we cultivate this curriculum we have observed our ancient African education system its culture & heritage that has been omitted out of today's learning process due to biased ideologies & prejudices.

The ages are only suggestive; If your child can read and comprehend socially sensitive and light political content then they are ready. We just ask that you don't push too hard, & make sure children understand the material before advancing on to the next book or resource.

None of the material was or has been created by us. This information in this document is readily available on the internet, also in book stores. We eagerly and happily give our Grand Elders, Ancestors and living Icons their recognition that they truly deserve. We plagiarize nothing.

# Task(s)

The first order of business is to bridge the intergenerational bond by bringing together the parents, grandparents, elders in the community, etc. - to get involved in this endeavor as they would expect their child to be. We strongly recommend these two books written by the esteemed Elder: Dr. Amos Wilson that directly focuses on grasping the maximum potential of the Black Child (1&2). Then we recommend a book written by Laila Afrika (3)

1. Developmental Psychology of the Black Child.
2. Awakening the Natural Genius of Black Children.
3. Handbook for Raising Black Children, A Comprehensive Holistic Guide.

Of course we also realize that once your appetite for knowledge is activated, you will want to engage in even more scholarly research, not just for your children but for grasping your maximum potential as well. We will first provide a list of books and other resources for your child. There will also be another list of books and resources for you that will include video links, online PDF files, documents & of course contact info from our cohorts- should you need any additional help and guidance.

There will be no time limits imposed by this group on the progress of your child. However we do suggest that at least 3 books per year be read & comprehended.

We also realize that it is generally impractical to remove your child from primary & secondary education, in order to Home School. Most of us do not have the extra resource and/or time to do this adequately. That's why we have collaborated and researched this home based curriculum for African descendant children & youth. To empower them and the community in hope of continuing the zeal and enthusiasm of learning about themselves and their blood line.

Did we mention that this is FREE?

# SUGGESTED ACTIVITIES

1. Purchase the documentaries on African untold history by Tariq Nasheed titled: Hidden Colors 1,2 & 3. (Three Installments)
2. Purchase a health documentary by Cochise Tarak-Saa (Damie M) titled: Urban Kryptonite 'African Roots Foreign Diseases'
3. Purchase 500 Years Later by Owen Akil Shahada  
Purchase Motherland by Owen Akil Shahada
4. Purchase Black Power Mixtape by Goran Olsson  
(Step1) View these together as a family. (Step2) Discuss the material as a family. Repeat in 6 months.
5. Engage your child regarding all school activities including the teaching techniques & the materials used in the classroom. Attend Parent/Teacher Conferencing whenever possible. Make sure they see you & know you. They must know that you are actively engaged with your child. It is proven that these children are not taken for granted & swept along as so many children of color are subjected to, while being motivated towards mediocrity.
6. Purchase a globe, or picture of an atlas.
7. Purchase Webster's New Universal Unabridged Dictionary.
8. Purchase Positive Action Bulletin (4 Additions a Year).The Soul School Institute: P.O. Box 1872 Baltimore MD 21203
9. Purchase 365 Black Calendar (Gives everyday Black Historical Facts) <http://www.black365.us/>

# Resources/Books for your Child

1. The Autobiography of Malcolm X by Alex Haley ( ages 5 and up k-12)
2. Christopher Columbus and the African Holocaust: John Henrik Clarke (ages 8 and up, 3rd - 12th)
3. Destruction of Black Civilization: Chancellor Williams
4. Anansi the spider for age 9 - 15
5. They came before Columbus: Ivan Van Sertima 8th Grade-13yr+
6. Rise and Fall of Black Wall Street: Robin Walker 10yrs and up
7. Untold History of Black Comic Books: Bill Foster and Craig Yoe 4th Grade + (9Yrs Up)
8. Meaning of Hotep: Anpu Unnefer Amen 7th Grade + (12Yrs Up)
9. 100 Amazing Facts about the Negro: J.A Rogers (12 to 15 yrs.) grades 6 thru 9
10. Melanin-What makes Black People Black: Laila Africa (12 to 15 yrs.) grades 6 thru 9
11. Christianity before Christ: John G. Jackson grade 12 ages 15+
12. Blacks and Science Vols. 1 & 2: Robin Walker Grades 10-12 ages 14+
13. Fun with Hieroglyphs: Catherine Roerhig 7th grade 12yrs up
14. Hannibal 'African Warrior': Jacob Abbott 7th grade 12yrs up (audio book available) (Maps,Drawings at Internet Archive)
15. Lies My Teacher Told Me: James W. Loewn ages 14 to 16 years
16. The Poetry of Black America: Arnold Adoff ages 14 to 16 years
17. Harlem Stomp: Laban Carrik Hill ages 12 and up, 7th grade through 12th
18. So Much: Trish Cooke ages 3 to 7 years old, pre K to second grade
19. My First Trip to Africa: Atlantis Tye Browder with Anthony Browder (7-10) Grades 2-5
20. A Pride of African Tales: Donna L. Washington (7-10) Grades 2-5
21. Golden Age: Martha Wickham (7-10) Grades 2-5
22. John Henry: Julius Lester- Age Range: 4 - 8 years Grade Level: Preschool – 3
23. My Man Blue: Nikki Grimes- Age Range: 4 - 8 years Grade Level: Preschool – 3
24. Mufaro's Beautiful Daughters: John Steptoe 4 to 8 yrs
25. Epic of Gilgamesh 5th Grade 10 to 12 yrs.
26. The story of Asar and Aset for age 5- 8
27. The Success Of Marcus Garvey. Dee Elewa
28. ABC ME FLASH GAME. (WWW.BOOWAKALA.UPTEN.COM)
29. MELANIN N ME. BEVERLY CRESPO
30. MY FIRST MATCHING GAME. (WWW.AMAZON.COM)
31. THE UNDERGROUND RAILROAD ESCAPE TO FREEDOM. (WWW.TEACHERS.SCHOLASTIC.COM)
32. THE BLACK HERITAGE TRIVIA GAME (WWW.WALMART.COM) WWW.GAMEYUM.COM)
33. Little Zeng's ABC by Chris Acemandese Hall

34. The Story of Kwanzaa by Donna L. Washington
35. Its Kwanzaa Time by Linda Goss
36. The Seven Days of Kwanzaa by Angela Shelf Medlars
37. K is for Kwanzaa by Juwanda G Ford
38. The Beautiful Daughters of Africa by Marlena Nkene
39. Sunne's Gift by Ama Karikari Yawson
40. Baby animals by Margaret Brown.
41. Yo!Yes? by Christopher Raschka.
42. The Missing Pet by Katherine Mead.
43. Harlem Read by Langston Hughes.
44. Read a book,Bomani
45. A chair for my Mother, by Vera Williams.
46. In Africa Dream by Eloise Greenfield,
47. The Colors of Us by Karen Katz
48. Beautiful Blackbird by Ashley Bryan
49. The exciting book Brothers of the Knight written by Debbie Allen
50. Ellington Was Not A Street by Ntozake Shange
51. My Man Blue by Nikki Grimes
52. The Twelve Dancing Princesses by Rachel Isadora
53. I Like Myself! by Karen Beaumont
54. Please, Baby, Please by Spike Lee and his wife Tonya Lewis Lee
55. Shades of Black: A Celebration of Our Children by Sandra L. Pinkney
56. Light As A Feather-Lanita Grayson Logon and Shawn Fabre Grayson
57. I Get Energy From The Sun- Kajara Nia Nebthet
58. Tell Me Who I AM- Lanita Grayson Logon and Shawn Fabre Grayson
59. Meltrek- Ed Anime Productions (DVD)
60. Queen Nzigha- Patricia C. McKissack
61. Madam C. J Walker Road To Success- Donnette Black
62. I Love My Hair! by Natasha Anastasia Tarpley and E. B. Lewis
63. From Where Do we Come From" Jamilah Tetterton
64. Memories of the Little Elephant" Nehpril Amenii
65. The Money Muncher by Jupiter Strong
66. Naturally me by Crystal Swain-Bates
67. Color My fro by Crystal Swain-Bates
68. Big Hair Don't by Crystal Swain-Bates
69. My First Kwanzaa Book by Deborah Chocolate and Deborah M. Newton
70. A Sweet Smell by Angela Johnson
71. Circle Unbroken by Margot Theis Raven and E. B. Lewis
72. God Bless the Child (Coretta Scott King Illustrator Honor Books) by Billie Holiday and Herzog, Arthur, Jr.



# Video Links to View as a Family

Pan African Video Library: <http://www.panafricanperspective.com/flash-videos/index.html>

Black History Channel YouTube <https://www.youtube.com/user/BlackHistoryChannel1>

The Master Teachers <http://consciousplat.com/themasterteachers> Many videos of the Great Ones(also search for individual greats) [http:// www.urtube.pk/index.php?q=Donnie+Mossberg&token=](http://www.urtube.pk/index.php?q=Donnie+Mossberg&token=)

Very well put info on some little known black scholars <http://www.journeytothesource.info/scholars.html>

Great scholars Chancellor, Diop, Clarke, Martin, Jeffries, Ather, Jochannan, Sertima, Wilson, Rashidi <https://www.youtube.com/user/COLDCHISELED>

Dr. Clarke videos. [https://www.youtube.com/playlist?list=PLAg\\_UFeY1UoxKE3Pbf8at5VJ7sAych\\_YI&app=desktop](https://www.youtube.com/playlist?list=PLAg_UFeY1UoxKE3Pbf8at5VJ7sAych_YI&app=desktop)

Conscious9conscience

[https://m.youtube.com/channel/UCOluJw7iFat2IA\\_bKzpeOmw2.blackmagic363](https://m.youtube.com/channel/UCOluJw7iFat2IA_bKzpeOmw2.blackmagic363)

<https://m.youtube.com/channel/UChHAK97MIj6AhbVigYAqyKw>  
Amen-Ra Squad

<https://m.youtube.com/channel/UCtF5DANKyDyF-4ZUnQQAQOag>  
African knowledge

<https://www.youtube.com/channel/UCj56WOiYN89fZcy0ZZFDEQQ>

African history

[https://m.youtube.com/channel/UCOhZRZUm25s\\_8hIsj9Pu6Ag](https://m.youtube.com/channel/UCOhZRZUm25s_8hIsj9Pu6Ag)

Video Links to view as a Family

Raising Awareness Group

<https://m.youtube.com/channel/UCXM5wpSQ5AAk9s7AjkHpN8A>  
African hall of knowledge

<https://m.youtube.com/channel/UCc1zbENSAv8RDH3aJIUXVQQ>

these are 5 games that teaches children how to manage there money  
<http://www.moneycrashers.com/best-educational-board-games-money-management/>

4 board games for children and adults. <http://www.learn4good.com/games/board.htm>

10 African American cartoons..

<http://blackcartoons.tripod.com/>

This is a very good cartoon to teach children about traditional values

<https://youtu.be/krxFtc38MRk>

The black panther series is very influential and inspirational for black children.

Black Panther African Cartoon: <http://www.youtube.com/>

[playlist?list=PLu7Sh9qoa\\_sAJRYifNZBRi8uo7dclJb1w](https://www.youtube.com/playlist?list=PLu7Sh9qoa_sAJRYifNZBRi8uo7dclJb1w)

It's very important for our children to learn to communicate in a African language and this take you step by step in teaching

them yuruba... Yoruba Lessons: <http://www.youtube.com/>

[playlist?list=PL95D37CCB7983BD0D](https://www.youtube.com/playlist?list=PL95D37CCB7983BD0D)

This is Anansi the spider..the this animated series is very good at teaching children morals and ethicsAnansi The Spider Story's: <http://www.youtube.com/>

[playlist?list=PLEBEF3A6E48C2FCDF](https://www.youtube.com/playlist?list=PLEBEF3A6E48C2FCDF)

Here is 100 historical facts every child should know about Africa. you can teach them this in a guessing game form.Â This is also for adults....

<http://www.blackhistorystudies.com/resources/resources/100-things-about-africa/>

<https://www.youtube.com/watch?v=EELYLlryrXM>

<https://www.youtube.com/>

[atch?v=krxFtc38MRk&list=PLxvArEJPG54uuf0gMoMEJr959QeWOemof](https://www.youtube.com/watch?v=krxFtc38MRk&list=PLxvArEJPG54uuf0gMoMEJr959QeWOemof)

<https://www.youtube.com/watch?v=BZLGKFWIRzY>

<https://www.youtube.com/watch?v=IkAlrTPaPAQ>

<https://www.youtube.com/watch?v=5w6bdcoO9v0>

How to Draw a Castle

<http://youtu.be/y6G2dJq3VL0>

DIY Sensory Activities for Kids

<http://youtu.be/Uc2MWKXzIVQ>

Teaching Kids to Draw: How to Draw a Butterfly

<http://youtu.be/MIAiglTFgLk>

Indoor At Home Activities For Kids - Make Your Own Volcano, Digging Bins, & More

<http://youtu.be/C7yaWK6TnJQ>

DIY Kids Activities To Entertain Your Kids At Home With Rachel Hollis, The Hurried Hostess

<http://youtu.be/EkTeh0cexe4>

Dr. John Henrik Clarke - A Great And Mighty Walk : <https://www.youtube.com/watch?v=7DPr0JRn0KQ>

Dr. Mariba Ani- Cleansing ourselves of European Concepts: <https://www.youtube.com/watch?v=pvZ-en9oiqo>

Dr. Amos Wilson-The Development of the Black Child: [https://www.youtube.com/results?search\\_query=dr.+Amos+Wilson](https://www.youtube.com/results?search_query=dr.+Amos+Wilson)

Dr. Joy Degruy: Post Traumatic Slave Syndrome: <https://www.youtube.com/watch?v=XRQ-Ci6LwVw>

Cuba the African Odysee (Part 1, 2,) : <https://www.youtube.com/watch?v=3jAJhvJOxzM>

Part 2: <https://www.youtube.com/watch?v=VvEhfVWsqNI>  
African Mask: [https://www.youtube.com/watch?v=Xld\\_kRCuGhY](https://www.youtube.com/watch?v=Xld_kRCuGhY)

Black & The Origins of M1 & R1 Haplogroups:  
[https://www.youtube.com/watch?v=iW9ilac\\_uhQ](https://www.youtube.com/watch?v=iW9ilac_uhQ)

Countries Of Africa Song:  
<https://www.youtube.com/watch?v=dF255x8fVE8>

Imhotep World's First Multi Genius: <https://www.youtube.com/watch?v=mvQAw1kbg9o>

The Effects Of Fairy Tales On Black Children:  
<https://www.youtube.com/watch?v=eR0NiweglGE>

## **Resources/Books FOR YOU THE PARENT/ADULT**

1. The New Jim Crow: Michelle Alexander
2. Post Traumatic Slave Syndrome: Joy Angela Degruy
3. Mis-education of the Negro: Carter G Woodson
4. Pre-Colonial Black Africa: Cheikh Anta Diop
5. Black Man of the Nile: Dr. Yosef Ben Jochannan
6. Stolen Legacy: George GM James
7. We the Black Jews: Dr.Yosef Ben Jochannan
8. Teachings of Ptahhotep: Asa G. Hilliard III
9. The Isis Papers: Frances Cress Welsing
10. Man, God and Civilization: John G. Jackson
11. Rape of the Nile: Brian M. Fagan
12. Nutricide: Llaila Afrika
13. African Holistic Health: Llaila Afrika
14. Heal ThySelf Women: Queen Afua
15. Man Heal ThySelf: Queen Afua
16. Nile Valley Contributions To Civilization: Anthony T Browder
17. Parents' Guide to Asarian Myth and Ancient Egyptian Religion: Muata Ashby
18. The Black Man's North And East Africa: Dr Yosef Ben Jochannan
19. The African Origin of Civilization: Cheikh Anta Diop
20. The Rescue of Jerusalem: Henry T. Aubin (Story of Nubian King Taharqa)
21. I Write What I like: Steve Biko
22. SEBA by Tdka Kilimanjaro
23. Christopher Columbus & The African Holocaust: John Henrik Clarke
24. Afrikan People and European Holidays| A Mental Geocide (1 & 2): Ishakamusa Barashango
25. Dead Aid: Damisa Moyo
26. Slavery Reparations Time is Now: Nora Wittmann
27. Awakening the Natural Genuis of Black Children: Amos N. Wilson
28. A History of Pan African Revolt: C.L.R James
29. The Teaching of PtahHotep The Oldest Book in the World: Asa G. Hillard III, Larry Williams and Nina Damali

30. In Praise of the Black Woman (Volume I, II, III): Schwarz-Bart
31. When and Where I Enter: Paula Giddings
32. Medical Apartheid: Harriet A. Washington
33. Outline by Tdka Kilimanjaro
34. Nile Valley Contributions to Civilization: Anthony Browder
35. Poweronomics: Claud Anderson
36. Blue Print for Black Power: Amos N. Wilson
37. Maat 11 Laws of God: Ra Un Nefer Amen
38. The Legacy of Arab Islam in Africa: John Alembillah Azumah
39. From the Browder File Anthony T Browder
40. The Way of the Orisa Phillip John Neimark
41. Destruction of Black civilization Chancellor Williams
42. Amen Ra squad study guide
43. What must be done Tdka kilimanjaro
44. Teaching Teams Tdka kiliminjaro
45. BAK Study Guide and Research Methodology Tdka Kilimanjaro
46. African K-12 Schools Tdka Kilimanjaro
47. MAAT Tdka Kilimanjaro
48. Christianity before Christ: John G. Jackson

# Library Informational Links for the Family

Links coming soon.

## About the Cover

Behdety/Edfuan “Winged Sun Disk”

We find them in most Kemetic (Egyptian) tombs as a protection against evil. It's a symbol of royalty, divinity and power. We of the Raising Awareness Group simply state that our children should be shielded from the evils of mis-education, mis-treatment, unequal opportunity and the racial bias in the community at large. By arming them with the tools of cultural education and a heightened sense of pride we'll do our part in raising the awareness of our people.

Anhk “Everlasting Life; Breath of Life”

This is self-explanatory: We have a duty to nurture our youth. Breath into them our knowledge and ideals in order to secure the vitality of future generations. “Our immortality”

Eye of Horus “The Third Eye”

Symbol of protection, royal power and good health. Also known as the Eye of Ra or the Inner Eye. It is directly in correlation to the Pineal Gland. Our goal is for all of our people of melanin to reach a heightened state of enlightenment. By consuming natural unprocessed foods and drinking purified and/or filtered water we hope to reactivate the Pineal Gland. Most of our unawareness is due to the ongoing calcification that has dramatically reduced the ability to rationalize through common life threatening situations that end up reducing our life spans or just outright kill us. It is even more important to arm our children with the God given natural intuitive defenses all of us were meant to have.

“WE ARE THE RAISING AWARENESS GROUP”

# Extra Curriculum Activities

1. Practice African Yoga and Meditation at least 3x's a week.
2. Learn to play an instrument
3. Learn an African Language (Swahili)
4. Learn Chess
5. Create Apps
6. Start a Garden, learn composting, permaculture.
7. Meditation
8. Try gardening as a family
9. Discuss healthy living eating/ exercising
10. Read
11. Learn to hobby and respect the ancestors as a unit.
12. Take up a martial Art (capoeira)  
(<https://www.youtube.com/watch?v=b0ZSBw5kKmY>)
13. Learn Wolof: <http://wolofonline.com/signup.htm#course>
14. Play family oriented Team Sports (Badminton, Bowling, etc.)
15. Learn about real estate
16. Learn about farming
17. Learn how to make Whipped Shea Butter
18. Learn how to cook African dishes
19. Learn how to build a Nubian Tomb "Nubian Beehive Tomb"  
([https://www.youtube.com/watch?v=e6-J20B\\_bb0](https://www.youtube.com/watch?v=e6-J20B_bb0))
20. Learn how to Knit & weave Baskets
21. Learn how to make pottery from clay
22. Learn Swahili: <http://www.swahilipod101.com>
23. Learn Mdw Ntchr: (Ancient Egyptian "Remetch Language")  
(<http://www.mdw-ntr.com>)
24. Play Black Heritage Trivia Game by Pressman Toy Co.

# Additional Resources:

## **DVD'S**

1. Afro-Man & The Protectors Of The Book of Knowledge #1
2. Little Gods Pt 1: Children's Educational #'s 1,2,3 and 4
3. Bino & Fino #1 and #2

## **BOOK WEBSITES**

1. Fearlessfive.com
2. Booksforeveryseason.com
3. Myhairgrowslikeatree.com

# CONCLUSION

Our special thanks to the Members of the Raising Awareness Group and our generous extended conscious community family.

Hold your head high, dream star dreams and elevate your understanding.

Teach the Youth! They are our future!

Ase' and Abibafahodie.... "Afurakan Liberation"

